

# San Dieguito United Methodist Church

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**Mark Feldmeir**  
**Martha Wingfield**

MINISTERS

THE MISSION OF  
SAN DIEGUITO UNITED  
METHODIST CHURCH IS TO  
MINISTER to the hopes and  
hurts of a troubled world,  
NURTURE people in a  
community of grace, and  
INVITE all persons to  
new life in Jesus Christ.

**Worship Services**  
9:00 & 10:45 am

— ★ —

**Sunday School**

Pre-K thru High School at 9:00

Pre-K thru 3rd Grade at 10:45

## UPCOMING ACTIVITIES

### **APRIL 5th**

Tuesday | 6:30 pm | Lounge  
**United Methodist Men**  
Bring a potluck item to share

### **APRIL 7th**

Thursday | 7:00 pm | Conf. Room  
**Exploring Baptism**

### **APRIL 10th**

Sunday | 9:00 am Service  
**Baptism Sunday**

— A N D —

Sunday | 11:45 am | Rooms 9/10  
**Lunch with the Pastors**

### **APRIL 11th**

Monday | 10:00 am | Lounge  
(also April 25th)  
**SDUMC Knitters**

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# La Paloma

Volume XI

A P R I L 2 0 1 1

Issue 4



## Easter Comes to SDUMC

Lent is drawing to a close, and the time of preparation is nearly over. Easter is a time of rebirth and renewal, and during this season we all have traditions that help us celebrate Jesus' life, death and resurrection. Here at San Dieguito United Methodist Church one of our special traditions is the Butterfly Release following the Easter Services. We asked a few of our younger members about the butterfly release. Here are their answers to two questions.

*Why do we release Butterflies on Easter?* "It is like the butterfly is in the tomb and when we let it out of the box, it is Jesus rising from the dead." (Kaia Roede); "Because it's fun and it gives us celebration for Easter". (Robby Ruddick); "Because Jesus came back to life." (Brooks Bachman).

*What does it mean to you?* "It makes me happy because I can picture Jesus in my mind rising from the dead. We can imitate on Easter what really happened." (Kaia Roede); "Joyfulness." (Robby Ruddick); "It means it's Easter." (Brady Bachman).

The start of Holy Week begins PALM SUNDAY, **April 17th** with music by the Children's Choir and Chancel Choir. Following the service, you can enjoy a Pancake Breakfast provided by our Youth Group from 8:15 am to 11:00 am. Sunday afternoon, the Chancel Choir, orchestra and soloists will present the Easter Portion of Handel's *Messiah* at 3:00 pm in the Sanctuary, a concert that you won't want to miss. During our HOLY THURSDAY Service, **April 21st** at 7:00 pm, we commemorate the supper Jesus shared with his disciples, his last meal before being crucified, with Holy Communion. Music will be presented by the Chancel Choir, organ and a soloist. On GOOD FRIDAY, **April 22nd**, a prayer vigil will be held in the lounge from 1:00 to 8:00 pm. Then at 7:00 pm, we will re-live Christ's Passion through the Gospels. EASTER SUNDAY, **April 24th**, our Celebration Services will be at 9:00 am and 10:45 am. During this festival worship, the Chancel Choir and string quartet will feature music from Handel's *Messiah* including the "everybody sing" *Hallelujah Chorus*. Following both services will be the Butterfly Release and as we say, "He has Risen", we will have the opportunity to take part in the release of hundreds of butterflies as a symbol and celebration of Christ's Resurrection!



## UPCOMING ACTIVITIES

CONTINUED FROM PAGE 1

### APRIL 11th

Monday | 4:00 pm | Conf. Room  
**Book Group**

### APRIL 12th

Tuesday | Noon | Conf. Room  
**Caregivers Support Luncheon**

### APRIL 14th

Friday | 10:30 am | Lounge  
(also April 28th)

### **Pinochle**

### APRIL 15th

Thursday | 7:00 pm | Lounge  
**Bridge Group**

### APRIL 17th

PALM SUNDAY  
3:00 pm | Sanctuary  
**“Easter” Messiah**  
Chancel Choir Spring Concert

### APRIL 21st

7:00 pm | Lounge  
**Holy Thursday Service**

### APRIL 22nd

12 noon | Sanctuary  
**Good Friday Service**  
1:00 to 8:00 pm | Lounge  
**Good Friday Prayer Vigil**

### APRIL 24th

9:00 & 10:45 am | Sanctuary  
**Easter Sunday Services**  
Butterfly Release immediately  
following both services

### APRIL 29th to May 1st

Friday thru Sunday  
**Women’s Retreat**  
Camp Cedar Glen | Julian

— O N G O I N G —

### MONDAYS

6:30 pm | Pandora Johnson’s  
**Young Adult Potluck**

### WEDNESDAYS

7:00 am | Room 6  
**Overeaters Anonymous**  
7:00 pm | Jay & Wanda Williams’  
**Bible Study**

### THURSDAYS

7:00 pm | Mike & Ann King’s  
**Centering Prayer**

### TUESDAYS/THURSDAYS

6:30 am | Room 6

### WEDNESDAYS

8:00 pm | Basement Room

### & SATURDAYS

8:00 am | Lounge

AA



**MARK FELDMEIR**  
*Senior Minister*

## *Pensamientos*

Dear Friends,

Over the last two years our ministry of pastoral care has grown exponentially, thanks in large part to our CARE Team and the remarkable leadership of Lynne Calkins. Shortly after Lynne retired from a long career as a nurse practitioner, she approached me about ways she might use her unique gifts of compassion and service to nurture and care for the Body of Christ. Her *occupation* had come to its natural end in retirement, but her *vocation* was about to blossom in new and extraordinary ways.

In the weeks that followed our initial conversation, I drew up a strategy for a lay-pastoral care program, developed a training curriculum and, together, we recruited and trained dozens of people—both members and active constituents of the church—for what we later called the CARE Team, an acronym for Congregational Assistance, Resources, and Encouragement. This team of dedicated lay people has become a lifeline to dozens of people who are hospitalized, homebound, grieving, recovering from surgery or illness, or in some kind of life transition that requires extra care and attention. They offer a loving presence, meals, transportation, friendship, prayer, and a host of other expressions of love and care on behalf of the church. Today, more than 40 lay people serve on the CARE Team, making an average of 75 visits or contacts each month. Many of those whom they visit are not members of this church, but would otherwise be forgotten or neglected were it not for this vital program. It is estimated that, since its inception a little over two years ago, the CARE Team has made more than 2,100 visits or contacts to people in need, crisis, or transition. I am emboldened by the passion and persistence of all the members of our CARE Team.

In recent months, the Rev. Rich Johnson, one of our retired pastors in the congregation, has teamed up with Lynne’s team to offer, in some cases, a more specialized form of pastoral care to those in need. With his wealth of experience as a pastor in the local church setting, and as a Chaplain at the VA Hospital, Rev. Johnson is uniquely gifted for responding to the physical, emotional, and spiritual needs of people. I am grateful for Rev. Johnson’s leadership and contribution to the CARE Team.

Whenever a member of the CARE Team—either laity or clergy—calls on you or someone you care about, please know that they come as an extension of your church, and with the blessing and support of your appointed pastors. Both Martha and I continue to provide pastoral care on a daily basis. Each week, we visit hospitals, homes, and rehab centers, and we respond to crises and urgent needs as they arise. Together, with the ministry of the CARE Team, we see the work of lay and pastoral care as integral to our mission to serve Christ among the least, the lonely, and the hurting.

Yours in Christ,

*Rev. Mark*



**Robert Fetherolf**—Robert and his wife, Diane, have been regular attendees at SDUMC for the past two years. They have a daughter Tedde, who recently graduated from UCI and resides in Newport Beach. Before moving to Carlsbad from San Marcos, Bob attended Palomar Christian Church, where he participated in numerous church projects. Bob has spent over 40 years working in the healthcare industry. As he nears his goal of retirement, Bob is looking forward to becoming more involved with church activities.

**Boyd & Lisa Mark**—Lisa is originally from the east coast and Mark hails from Austin, Texas. Having lived in Texas and Seattle, they had not found the right church home until coming to SDUMC. The first time they attended our church, it seemed like a good “fit”. Their two children, Isabella and Elena, were baptized at SDUMC last year.

*If you are interested in learning more about becoming a member of SDUMC join Rev. Mark & Rev. Martha for the next LUNCH WITH THE PASTORS on Sunday morning, **April 10th** at 11:45 in Rooms 9/10.*



*Volunteer Opportunities abound at the Community Resource Center*

Are you looking for a way to give back to the community? The members of our church have partnered with the CRC for many years. Here is a list of volunteer opportunities for you to choose from.

**THRIFT STORE**—Sorting, pricing, arranging, and displaying jewelry, antiques, art, books, and other items in their four stores. They also need help gardening on the grounds of the Encinitas store.

**DEVELOPMENT**—They need a person to work a few hours a week assisting with PR and events. They could also use a Facebook facilitator.

**SOCIAL SERVICE**—They need help greeting and assisting clients, conducting intake interviews and screenings, as well as sorting and distributing food in the Food Bank. They also need experienced volunteers to teach educational life skill classes. They need volunteers to man the hotline after business hours (must first complete 40 hours of DV training).

**CHILDREN**—They need help supervising, playing with, and reading to children at *Carol's House* and at the *Therapeutic Children's Center* (must be TB tested and background checked).

For volunteering opportunities contact COLLEEN COLLAZO at the CRC: 760.230.6303 or call our own Volunteer Coordinator—JOHN SWAN at 760.942.3465.



SDUMC MUSIC SERIES PRESENTS

G.F. HANDEL'S *Easter*  
**MESSIAH**  
Palm Sunday *April 17th* 3:00 o'clock

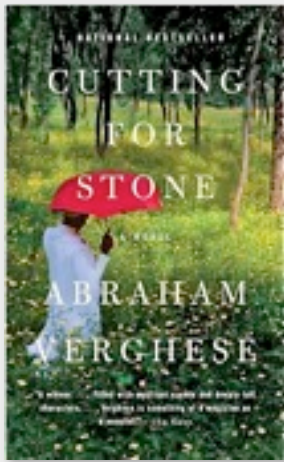
PERFORMED BY Chancel Choir, Orchestra & Soloists

Jenny Spence SOPRANO  
Katherine Lundeen MEZZO SOPRANO  
James Shepard TENOR  
Abdiel González BARITONE  
Janice Stewart ORGANIST  
DIRECTED BY *William Hatcher*





SDUMC BOOK GROUP



*Cutting for Stone*

by ABRAHAM VERGHESE

is the book selection for our gathering on Monday,

**April 11th**

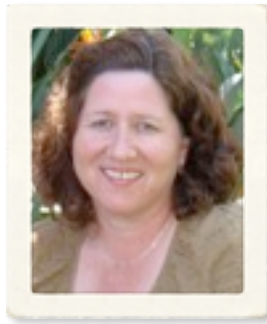
We will meet at 4:00 pm in the office conference room.

Everyone is welcome!

Easter *Butterflies*

We will again be celebrating Easter by releasing butterflies for their first flight after each worship service. Butterflies can be reserved for a \$5.00 donation on Sunday mornings, between services, in Founders Hall and/or in the playground area. Proceeds from this event help support Children and Family Ministry events such as Vacation Bible School, Elementary Summer Camps and our annual All Church Retreat.

RESERVE YOUR BUTTERFLIES NOW!



**MARTHA WINGFIELD**  
*Associate Minister*

As we approach Holy Week, I encourage you to be a part of our worshipping community at every service between Palm Sunday and Easter. There is a story that is told through the progression of these services and to miss a single one is like skipping a chapter in a wonderful book. The climax of the story is the Easter message of hope and new life; but you might not appreciate the power of that miracle unless you have experienced the fellowship of communion on Maundy Thursday and the depths of grief and pain on Good Friday.

Clarence Jordan, one of the founders of Habitat for Humanity, writes of what this story of salvation and new life means to a church:

*On the morning of the resurrection, God put life in the present tense, not in the future. God gave us not a promise but a presence. Not a hope for the future but power for the present. Jesus' resurrection is not to convince the incredulous nor to reassure the fearful, but to enkindle the believers. The proof that God raised Jesus from the dead is not the empty tomb, but the full hearts of his transformed disciples. The crowning evidence that he lives is not a vacant grave, but a spirit-filled fellowship. Not a rolled-away stone, but a carried away church.*

So, come to church, bring your friends and your family and get "carried away."

Blessings,

*Rev. Martha*

Save These Dates for United Methodist District Summer Camps at

**CAMP CEDAR GLEN** in Julian

- Senior High— July 10th thru 16th
- Junior High— July 17th thru 23rd
- Younger Elementary— July 24th thru 26th
- Older Elementary— July 26th thru 31st

For additional information, and registration in April, please visit [www.calpaccamps.org](http://www.calpaccamps.org).



Earthquake and Tsunami *Relief*

United Methodists and friends are urged to respond with prayers and financial gifts to help United Methodist Committee on relief (UMCOR) respond effectively. The organization is monitoring the developing situation and is in contact with partners in the region. You may give to this important cause by the following methods: give to Pacific Emergency, UMCOR Advance #3021317 and write Advance # and "Pacific Emergency" on the memo line of your check; give online at [www.givetomissions.org](http://www.givetomissions.org); give by offering for local church and Annual Conference credit, put your gift in the offering plate on Sunday; give by writing a check to UMCOR and mailing to: UMCOR, P.O. Box 9068, New York, NY 10087; or give by credit card by calling toll-free 800.554.8583. For more information, visit [www.umcor.org](http://www.umcor.org).



IN APRIL

## Vacation Bible School Update

If you haven't heard yet, there will be many changes (hopefully mostly all good) with the Vacation Bible School program for 2011. The publisher that we had been happy using for the last few years was not going to publish a curriculum for 2011, so I ordered several curriculum starter kits and evaluated them with the council and we chose to use Group's *PandaMania, Where God is Wild About You!* Also, we decided to evaluate when we have VBS. Our traditional time in late June was so close to the end of the school year, Annual Conference and this year's SSP trip for the youth. July was also really busy with the 4th of July, Preschool Summer School program, and District Summer Camps at Cedar Glen. So we decided to schedule VBS for August 1st through 5th. Also, since the *PandaMania* curriculum didn't have a science station, I decided to try and run the whole VBS as the director.

So I will need a lot of prayer and many volunteers to help me plan a great VBS program this year. Look for registration to start after Easter. I will be recruiting volunteers ASAP and start asking for supplies donations in June and July.

See you in Sunday School!

SHANNON KARLICEK  
Director—Children's Ministries  
kids@encinitaschurch.com



ON THE WAY TO THE FORUM

*The Forum meets on most non-holiday Sunday mornings at 10:30 in the Lounge to discuss a wide range of secular and religious topics, some controversial, in an atmosphere of Christian love and mutual respect. We often invite expert guest speakers from our own parish or from the surrounding community.*

**APRIL 3rd:**  
DOLORES WELTY will continue our discussion on global poverty and the Jubilee movement.

**APRIL 10th thru 24th:**  
No Forum is scheduled, as we take our traditional Easter season break. Please join us when we resume on May 1st with a miniseries on creation care and practical environmental activism.

## What IS the Difference?

It can be confusing trying to understand the difference between hospitals, skilled nursing facilities (SNF), rehab centers, caregivers, assisted living/group homes (AL) and hospice care. California state licensing determines what levels of care may be provided. Your insurance may dictate your choices.

A HOSPITAL is where you go for a life-threatening emergency or surgery requiring overnight stay. Once you are stable enough that you do not need that level of care (IV meds, breathing treatments), you may be discharged home or to a SKILLED NURSING FACILITY (SNF) or REHAB CENTER. If you need Physical or Occupational therapy, or you live alone, these facilities provide services to help you get your strength back. Sometimes you are ready to be discharged from the SNF, but there is no one at home to care for you, or the person you live with is too frail, so you need a CAREGIVER to help you with activities of daily living. That caregiver may be a friend, family member, or a person from an agency. You may hire someone for one to 24 hours. The CARE Team may be able to help you find a good person. Sometimes we make a decision to go into ASSISTED LIVING (AL), a large facility or a 4 to 6 resident group home. In (AL) we always have someone to prepare meals and be available



**SDUMC CARE Team**  
Congregational Assistance Resources & Encouragement

*Article continues in the column to the right ►*

### ► What IS the Difference? CONTINUED

if we need help. After being in an acute hospital or a SNF, it is possible to return to your AL; sometimes with a Caregiver added or more care from the AL staff. HOSPICE CARE, provides medical, emotional, and spiritual resources for people in the last stages of a terminal illness (six months to live). There are many hospices in North County, and their services can be provided in any of the above facilities or in your own home. It is important to get into Hospice Care early enough to benefit from all the support they offer. For more information, please visit our website [www.encinitaschurch.com](http://www.encinitaschurch.com) and look at our resource links.

# UMYF

YOUTH NEWS

■ **Sunday, April 3rd**

10:15 to 10:45 am

Quarterly Parent Meeting

6:15 to 8:15 pm

U M Y F

■ **Sunday, April 10th**

12 noon to 1:30 pm

SSP Meeting #2

6:15 to 8:15 pm

U M Y F

■ **Sunday, April 17th**

8:30 to 11:30 am | Founders Hall

Palm Sunday

Pancake Breakfast

6:15 to 8:15 pm

U M Y F

■ **Sunday, April 24th**

Easter Sunday!

(NO UMYF)

MARK YOUR CALENDARS

■ **June 26th to July 2nd**

SSP/Los Angeles



**JEFF DESURRA**  
*Youth Director*

We're about half way through Lent on our way to Easter, and if word has spread around enough, you'll probably know that I gave up lifting pianos for Lent. Clearly this was a huge sacrifice on my part, but I just felt that piano lifting was getting in the way of my devotional time with God. So from here until Easter, no piano moving!

Clearly I'm being silly here...yet don't we sometimes treat Lent this way? Instead of making sacrifices that truly steer us back toward God, we instead choose to sacrifice things that we can easily do without. Or we make Lent a second New Year's season, making our sacrifices more about self-help than spiritual healing and

redirection. I'm very guilty of this: one year I gave up drinking soda not because it turned me away from God but because I wanted to decrease my sugar intake and giving it up for Lent seemed an easy way to start.

As we get closer to Easter, we remember more clearly what Lent is about and why it is such an important season. We remember that our small sacrifices reflect the greatest sacrifice made on our behalf. We give up small distractions to point us back to the one moment where our world and our understanding of God radically changed. And when we celebrate Jesus' glorious resurrection at Easter and regain what we have sacrificed, we realize that it is only because of His sacrifice that we can live freely in Him today. So as we journey toward Easter, remember that our sacrifices both big and small give us the chance to reflect and focus on the one who gave the greatest sacrifice of all.

— J E F F



GIVE THE GIFT OF AN

## *Easter Lily*

It's time, once again, to ask your help in providing the **EASTER LILIES** to decorate our Sanctuary. This year lilies will be \$15 each and you will have the option of taking your lily home after the second Easter service or donating it/them as a gift to a homebound church member. Lilies will be on sale on Sunday mornings, between services, in Founders Hall.

## *Gifts and Endowments*

What a lovely tribute to Naomi Fields in the last edition of La Paloma! It was important to Naomi that the mission of our church be continued after her death, so she generously left a significant portion of her estate to us in her will. Perhaps you have wanted to give more to your church but cannot do that now. You can give the ultimate gift "in perpetuity" by including our church in your will or trust. A relatively new member of our church has recently made a stock gift to our church by starting a General Endowment Fund. You will hear more about this in the future. While Naomi preferred to remain anonymous during her lifetime, she had notified the church of her intentions. Every year we learn of people who have included SDUMC in their estate plans and we'd like to hear from you when you have done so, as well.

If you have questions, please feel free to contact someone from the Gifts and Endowments Committee.

WILLY GINAVEN

*Chair—Gifts and Endowments Committee*



## Women's Retreat

April 29th thru May 1st  
CAMP CEDAR GLEN | JULIAN

All women of San Dieguito UMC are invited to our annual retreat. Please join us for fun and fellowship, and to continue on your spiritual path among old and new friends. Throughout the retreat our very own REVEREND MARTHA WINGFIELD will be presenting *Oh, the Stories They Could Have Told: The Women Around Jesus*.

This year's program will be held at Camp Cedar Glen, April 29th thru May 1st. The cost will be \$125 per person which includes lodging and meals. Look for the sign up table in between services!

Any questions? Please contact:  
JANA SEVERSON  
at [jseverson@ucsd.edu](mailto:jseverson@ucsd.edu)  
or 760.944.7452.  
See you there!



## Save the date!

Our annual UMW Mother's Day Luncheon will be held **Saturday, May 7th** at 12:30 pm. The theme this year is *Young at Heart*. SHELLEY MORRE THOMAS, an elementary-school teacher at Jefferson Elementary School in Carlsbad and a storyteller known as "The Story Queen", will be providing our entertainment. The tales she tells have grown into a number of books for young readers, including the beloved *Good Knight* series. Sons and daughters are encouraged to dress up as princes and princesses. Be sure to purchase your tickets on Sunday mornings in Founders Hall.

## Dr. Ann Davis—China

MONTHLY GATHERING: **Wednesday, April 13th | 10:30 am | FH**  
HOSTED BY: **Martha Circle**

*"Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God."* HEBREWS 13:16

Dr. Ann Davis, PhD, will share her July 2010 experience when she and her colleague took 20 US teachers to Shenzhen City, China who teamed with Chinese teachers and taught an innovative, *American Scene English Immersion Summer Camp* for 400 Chinese students. Dr. Davis hopes her Power Point presentation and video clip will fascinate and inspire those attending.

## UMW Reading Program

The United Methodist Women have a wonderful library that is available to everyone in the church, including men, children, and youth. The bookshelf is located in the Lounge by the outside entrance. You may check out books by writing your name and the date on the card and leaving it in the file box. You are encouraged to record the books you read in the reading log that is available on the top shelf, and then turn those lists in at the end of the year so our unit will get credit for all the books read. Please take advantage of the excellent articles in the *Response and New World Outlook* magazines that are also available.

## Congratulations to Mary Walman & Walt Stewart

the two very surprised and deserving recipients of this year's *United Methodist Women Special Recognition Award*. They received their pins during the service on UMW Sunday.

### *umw calendar:*

**April 6th:** Executive Board  
11:00 AM | CONFERENCE ROOM

**April 9th:** School of Christian Mission  
9:30 AM to 2:00 PM | ROLANDO UMC

**April 29th to May 1st:** All Church Women's Retreat  
Program by REV. MARTHA WINGFIELD | CAMP CEDAR GLEN

### *upcoming events:*

**May 7th:** Mother's Day Luncheon  
12:30 PM | CONFERENCE ROOM

**May 21st:** School of Christian Mission  
"THE EPISTLES OF JOHN" | CALEXICO UMC

**June 4th:** Quiet Day Apart  
SAN LUIS REY UMC



UMW Membership is open to all women who desire to belong.  
For information contact Karen Zerlaut, UMW President, at 760.942.1639.

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**Mark Feldmeir & Martha Wingfield** | MINISTERS

C H A N G E   S E R V I C E   R E Q U E S T E D

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LA PALOMA Newsletter | April 2011  
**SAN DIEGUITO**  
UNITED METHODIST CHURCH



April 17th  
Peanut Butter  
Sunday

Don't forget to add  
CANNED FRUIT (any/all  
kinds) to your grocery  
list this month so you  
can bring it to church  
on Sunday, April 17th.  
As always, there will  
be a collection box  
in the entrance to  
Founders Hall.  
Thanks so much for  
your assistance!

CHURCH  
& SOCIETY



*In Memoriam*

*Jimmy Huffine*

July 7th, 1921 | March 6th, 2011

Jimmy has been a SDUMC member  
since November 2007.

*Austin Taylor Bice*

December 30th, 1988 | March 8th, 2011

The Bice family have been members  
of SDUMC since May 2000.