

San Dieguito United Methodist Church

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Mark Feldmeir
Martha Wingfield

MINISTERS

THE MISSION OF
SAN DIEGUITO UNITED
METHODIST CHURCH IS TO

MINISTER to the hopes and
hurts of a troubled world,

NURTURE people in a
community of grace, and

INVITE all persons to
new life in Jesus Christ.

Worship Services

9:00 & 10:45 am

— ★ —

Sunday School

Pre-K thru High School at 9:00

Pre-K thru 3rd Grade at 10:45

UPCOMING ACTIVITIES

MARCH 1st

Tuesday | Noon | Conf. Room
Caregivers Support Luncheon

— A L S O —

6:30 pm | Lounge

United Methodist Men

Bring a potluck item to share

MARCH 9th

Wednesday | 7:00 pm | Sanctuary
Ash Wednesday Service

MARCH 10th

Thursday | 10:30 am | Lounge

Pinochle

MARCH 13th

(also the 3/20 and 3/27)

Sunday | 10:30 am | Conf. Room
Grief Counseling Workshop

CONTINUED ON PAGE 2

La Paloma

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MARCH 2011

Issue 3



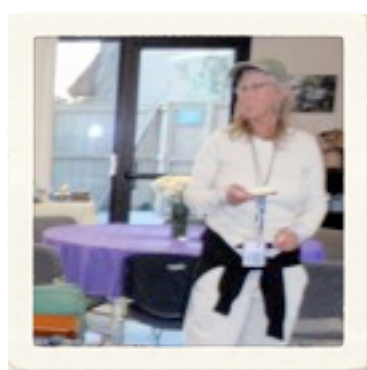
SDUMC Interfaith Shelter 2011

SDUMC Shelter Report—There were a few glitches along the way, but they were far outweighed by the many successes. This event couldn't be successful without a dedicated team working together. This was especially true this year as we saw several changes in coordinators throughout the two weeks, yet to the casual observer everything ran smoothly. Co-coordinator Sandy Hayes kicked off the two week event, only to find herself down hard with a brief illness. To her rescue came her faithful husband, Steve Hayes, to fill in. This was particularly poignant as Steve celebrated his one year anniversary from surviving a massive heart attack. And finally

Lynne Calkins, our Shelter Coordinator, returned from a fulfilling medical mission in Fiji to take the helm the second week. Following their lead were new and experienced volunteers who ran the shelter as if by remote control.

Successfully running a shelter involves a whirlwind of activity from start to finish. Everyone helped above and beyond including Nery, our wonderful custodian. By far, though, the most rewarding outcome is the difference made in the lives of those we served. The stories they shared, the gratitude they expressed, and the hope for a better future when they left is a powerful lesson to us all in how meaningful it is to give to others less fortunate.

Feedback Evaluation will be scheduled in March, along with a final report. Consider becoming involved next year as this project continues to help us grow in spirit and nurture our friends and neighbors.



UPCOMING ACTIVITIES

CONTINUED FROM PAGE 1

MARCH 13th

Sunday | 11:45 am | Lounge
Lunch with the Pastors

MARCH 14th

Monday | 10:00 am | Lounge
SDUMC Knitters

— A N D —

4:00 pm | Conference Room
Book Group

MARCH 18th

Friday | 7:00 pm | Lounge
Bridge Group

MARCH 19th

Saturday | 2:00 pm | Room 9
4th Grade Bible Class

MARCH 20th

Sunday | 5:00 pm | Sanctuary
Internet Safety Presentation

MARCH 24th

Thursday | 10:30 am | Lounge
Pinochle

MARCH 26th

Saturday | 10:00 am
L.I.F.T.
Redlands Leadership Retreat

MARCH 27th

Sunday | Both Services
RECEPTION OF

New Members

MARCH 28th

Monday | 10:00 am | Lounge
SDUMC Knitters

— O N G O I N G —

MONDAYS

6:30 pm | Pandora Johnson's
Young Adult Potluck

WEDNESDAYS

7:00 am | Room 6
Overeaters Anonymous
7:00 pm | Jay & Wanda Williams'
Bible Study

THURSDAYS

7:00 pm | Mike & Ann King's
Centering Prayer

TUESDAYS/THURSDAYS

6:30 am | Room 6

WEDNESDAYS

8:00 pm | Basement Room

& SATURDAYS

8:00 am | Lounge

AA



MARK FELDMER
Senior Minister

Pensamientos

Dear Friends,

The forty-day season of Lent begins on Ash Wednesday, March 9th with a worship service at 7:00 pm, which will include the imposition of ashes upon our foreheads—the traditional symbol of repentance and a reminder of our mortality. The message of Lent is that life is short and we must prepare ourselves spiritually, physically and relationally for the new life held out to us by Christ at Easter. Historically, that preparation includes “dying to the old self” through self-examination, repentance, confession, reconciliation, self-denial, acts of charity

and mercy, prayer, and meditating on God’s Holy Word.

In other words, Lent takes us on a journey that is both deeply personal (inward) and intentionally social (outward). While we work on restoring our interior spiritual lives, we also reach out to a broken world in love and justice. This Lent, consider incorporating or adapting some of the disciplines which other Christians have found helpful through these forty days.

INWARD & PERSONAL DISCIPLINES —

- Spend time in solitude each day
- Join a Bible Study/Small Group
(Rev. Martha and I are each leading a four-week group)
- Read Scripture daily—one passage from both the Old and New Testaments, and one Psalm
- Keep a journal of prayer concerns, questions, readings
- Make a list of people with whom you need to be reconciled, and pray for them daily
- Make a fast from food, drink, or any other indulgence
- Attend worship regularly throughout Lent
- Take one hour to inventory your life priorities, and reorder them, if necessary
- Give up a grudge you have with someone
- Forgive someone who has hurt you
- Speak to a pastor about being baptized (if you have not already been baptized)

OUTWARD & SOCIAL DISCIPLINES —

- Visit a home-bound neighbor or church member weekly
- Write a letter of affirmation once a week to a person who has touched your life
- Perform some act of community service/mission
- Go to coffee or dinner with someone you want to know better
- Recycle, plant a tree, or perform some other form of caring for the earth
- Give blood and recall the cross
- Resist any form of prejudice
- Decide to become a member of the church and speak to a pastor or lay leader
- Resist gossip and the spirit of criticism
- Give alms (such as food cards) to the hungry, sick, or lonely

Yours in Christ,

Rev. Mark



SAVE THE DATE for the Annual SDUMC *Women's Retreat*

All women of San Dieguito UMC are invited to our annual retreat. Please join us for fun and fellowship, and to continue on your spiritual path among old and new friends. Throughout the retreat our very own Reverend Martha Wingfield will be presenting "Oh, the Stories They Could Have Told...The Women Around Jesus". This year's program will be held at Camp Cedar Glen, **April 29th thru May 1st**. The cost will be \$125 per person which includes lodging and meals. Look for the sign up table in between services beginning on Sunday, March 19th!

Any questions? Please contact JANA SEVERSON at jseverson@ucsd.edu or 760.944.7452. See you there!



Church and Society is a vast umbrella for many justice and compassion issues. The following are some of the Task Forces that are working in our congregation. You are invited to join one of these or create your own. Please contact me if you have a heart for the downtrodden or the oppressed, or if I can help you find your calling to serve God and our community.

RANDA KRAKOW
Church & Society Chairperson
760.942.2393

THE SDUMC MUSIC SERIES PRESENTS

Handel's *Easter* MESSIAH | Palm Sunday Concert

A very special musical event in the life of our church will take place on PALM SUNDAY, **April 17th**. At 3 o'clock in the Sanctuary, the Chancel Choir, Orchestra and soloists will present Handel's Easter Portion of Messiah. The "Easter Portion" is the latter part of Messiah, which through symbolism describes the passion and sacrifice of Christ, and finally grand hymns of thanksgiving for the overthrow of death. Such great solos as "I Know That My Redeemer Liveth" and choruses such as "Since By Man Came Death, By Man Came Also the Resurrection of the Dead" are found in this powerful and timeless music.

As always we will have terrific soloists for the concert: JENNY SPENCE, soprano; KATHERINE LUNDEEN, mezzo soprano; JAMES SHEPARD, tenor; and ABDIEL GONZÁLEZ, baritone. JANICE STEWART will be at the organ and WILLIAM HATCHER will conduct.

A free will offering will be taken to defray expenses of the concert and support the music program of the church.



Jenny Spence
SOPRANO

Katherine Lundeen
MEZZO SOPRANO

James Shepard
TENOR

Abdiel González
BARITONE

C&S Task Forces
(AND THE CHAIRPERSONS)

Bread of Life Rescue Mission:

DAVE & LOIS ROACH

Community Resource Center:

JULIE EVANS

Habitat for Humanity:

SUSAN ELLISOR

Interfaith Committee

for Worker Justice:

WINFRIED RITTER
& DOLORES WELTY

Interfaith Shelter Network:

LYNNE CALKINS
& SANDY HAYES

Jubilee: DOLORES WELTY

Laubach Literacy:

ANNE NATION

Light Your World:

CINDY BREIDER

METRO: MARY WALMAN

*Neighborhood House
of Calexico:*

ANN CLARKE

New Entra Casa:

BETTY PUTNAM

Peanut Butter Sunday:

MARY ANN JONES

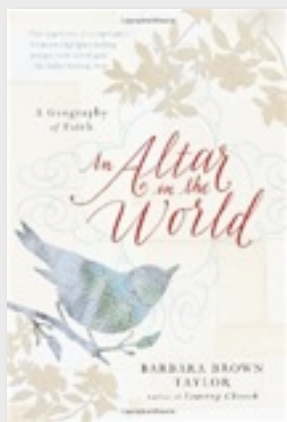
Recycling: JAY WILLIAMS

Volunteer Coordinator:

JOHN SWAN



SDUMC BOOK GROUP



An Altar in the World A Geography of Faith by BARBARA BROWN TAYLOR

is the book selection for our gathering on Monday, **March 14th**

We will meet at 4:00 pm in the office conference room. Everyone is welcome!



MARTHA WINGFIELD
Associate Minister

Some years ago, Bishop Reuben Job wrote a little book called *Three Simple Rules*. In this book, he suggests a new way for United Methodists to practice lives of faithfulness to God. His work was based on a reclaiming of the tenets of the early Wesleyan movement in England. In his words:

1. Do No Harm
2. Do Good
3. Stay in Love with God.

We live in such a fast-paced, frenzied, and complex world that it is easy to believe we are all trapped into being someone we do not wish to be and living a life we do not desire to live. We long for some way to cut through the complexities and turbulence of everyday life...here we have the foundation and the instruction for the faithful and good life in every age. It is both simple and profound. It is easy to comprehend and challenging to attempt. I invite you to take part in one of these studies to see if you are ready for this radical change of direction that is marked by these three simple rules:

Our Lenten Study Series this year will use Bishops Job's book as we explore these three simple rules as guidelines for our decision making and behavior. These four week adult study groups will begin the week of March 14th, meeting for one hour a week. Sign ups begin in Founders Hall starting February 27th. Consider making this study a part of your Lenten observance this year.

In Christ,

Rev. Martha



MARCH 13th, 20th & 27th

Grief Work

is a three-week workshop for any person dealing with loss. Our next three-Sunday session will be held in the Conference Room at 10:30 am with REV. MELANIE SILVA as the facilitator. All past participants are always invited to attend.

SDUMC'S Fifth Annual EASTER *Butterfly Release*

The miracle of the butterfly is truly a living parable of the resurrection for Christians. The butterfly's entire life cycle is a symbol of the meaning of life in Christ. The caterpillar is Christ's life on Earth, the chrysalis represents his crucifixion and burial and the butterfly is his victory over death.

We will again be celebrating Easter by releasing butterflies for their first flight after each worship service. On Sunday, **March 20th**, reservations for butterflies will begin in preparation for this special day. Butterflies can be reserved for a five-dollar donation in Founders Hall and in the playground area. Proceeds from this event help support Children and Family Ministry events such as Vacation Bible School, Elementary Summer Camps and our annual All Church Retreat.



RESERVE YOUR BUTTERFLIES NOW!



IN MARCH

LENTEN MISSION PROJECT

Nothing But Nets™

In the United States, mosquitoes are annoying, but in Africa, malaria from mosquitoes kills more than a million people a year. Many of those who die are children. For just \$10, the *Nothing But Nets™* campaign can purchase a bed net, deliver it to a family, and explain how to use it. Bed nets create a protective barrier against mosquitoes at night, when the mosquitoes are active. A family of four can sleep under one of these treated bed nets, safe from malaria. The cost of a bed net is too expensive for most of the people at risk of

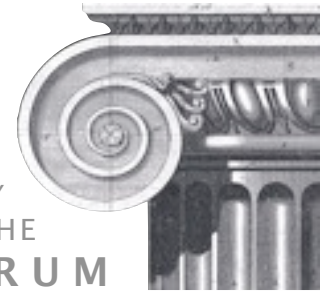
malaria. We need your help to provide nets for these people.

This Lenten season, starting Sunday, March 13th, the Sunday School children will lead the congregation in raising funds to support *Nothing But Nets™*. Children will learn about the *Nothing But Nets™* campaign in Sunday School, and make special coin banks to collect donations. Congregation members can look out for “Nickels for Nets” collection baskets around the church and at our March 20th bake sale. Then on Palm Sunday, April 17th, we will have a special final collection during the Children’s Moment time.

Let’s see how many nets we can buy for families & children in Africa.

See you in Sunday School!

SHANNON KARLICEK
Director—Children’s Ministries
kids@encinitaschurch.com



ON THE WAY TO THE FORUM

The Forum meets on most non-holiday Sunday mornings at 10:30 in the Lounge to discuss a wide range of secular and religious topics, some controversial, in an atmosphere of Christian love and mutual respect. We often invite expert guest speakers from our own parish or from the surrounding community.

MARCH 6th:
Part III of the screening and discussion of *The End of Poverty?*

MARCH 13th:
Mississippi Katrina Relief mission project presentation and discussion

MARCH 20th:
video screening & discussion: interview of Chilean economist NAMFRED MAX-NEEF

MARCH 27th: video screening & discussion: *World Bank and IMF in Jamaica*

Healing the Healer

I recently traveled to Mission Natuvu Creek in Fiji, in the South Pacific, on a medical mission with Loloma Foundation. Loloma means “from the heart”. With our medical, surgical and dental teams we worked hard from early morning to sunset. 33 of us saw more than a thousand patients in nine days.

The Fijians live very simply, many without electricity or clean running water. Hot water is a real luxury! They have very little healthcare and no dental care. They came from surrounding villages and settlements, traveling three to four hours, by bus, boat, on foot, on washboard roads, bringing the entire family and waiting all day to be seen. They were exceedingly patient and grateful.

In my role as Nurse Practitioner, I was working in a new and very different environment — with far fewer resources. I feel privileged to have had this opportunity to live my dream and go on my first mission trip. I feel healed from the experience.

Article continues in the column to the right ►



SDUMC CARE Team Congregational Assistance Resources & Encouragement

► *Healing the Healer* CONTINUED

On the eighth day, I walked to a local village, took supplies to the local “health worker,” and attended a UMC worship service in a little old church the size of our church office.

The pastors were most gracious as I brought greetings from you, my beloved congregation. I wish you could have heard the harmony of their voices as they sang hymns a cappella. You would have loved the chorus of wild pigs, chickens and dogs chiming in through the open doors and windows. It was a glorious experience; you were all there in my heart.

Loloma yani.

LYNNE CALKINS

UMYF

YOUTH NEWS

■ **Sunday, March 6th**
11:00 am to 3:00 pm
UMYF Service Day
(Church Basement Clean-Up)

■ **Sunday, March 13th**
11:00 am to 12 noon
SSP Meeting #1

■ **Sunday, March 13th**
6:15 to 8:15 pm
UMYF Lent Series

■ **Sunday, March 20th**
5:00 to 7:00 pm
Seminar on Internet
Safety & Responsibility

■ **Sunday, March 27th**
6:15 to 8:15 pm
UMYF Lent Series

MARK YOUR CALENDARS

■ **June 26th to July 2nd**
SSP/Los Angeles



JEFF DESURRA
Youth Director

Technology is a wonderful thing (when it works properly). While I was in college, most of my employment involved sitting in a cramped room with no windows and closed doors, staring into computer screens for hours on end trying to figure out why Google's home page wouldn't open on Internet Explorer when both Microsoft Word and Solitaire were running simultaneously. Maybe you've had similar problems. But cell phones, netbooks and iPods have changed the way we work, socialize, play, and relax. These tools have helped us streamline communication, maximize productivity, and realize fantasies that even ten years ago seemed out of reach or fanciful.

But with that power also comes danger. If you've watched the news recently, you have probably heard about students committing suicide due to insensitive comments made by their peers. Or perhaps you've heard about children who live out sexual fantasies through text messaging (otherwise known as "sexting"). And I probably don't need to tell you about the plethora of websites promoting sex, violence, and drug use that are only a click away.

Our church is very sensitive to these issues, which is why I want to tell you about a special event that the youth program is sponsoring. On March 20th, from 5 to 7 pm, we will be hosting a community seminar designed to teach students and parents about responsible use and safety on the Internet and with mobile communication devices (i.e. cell phones, iPads, iPods, etc). Our guest speaker, RICHARD GUERRY, is passionate about keeping students safe and aware of the pitfalls of using digital devices. I encourage you and your family to attend this event if you have children in middle school or high school, or even if you yourself use a cell phone or a computer. We'd also like to extend an invitation to our local community, so please invite any friends or other families from your student's school. A suggested donation of \$10 per person and \$35 for families of four or more will go to support both Richard Guerry's work and the youth program at SDUMC.

We hope to see you at this exciting and important event!

— J E F F



GIVE THE GIFT OF AN

Easter Lily

It's time, once again, to ask your help in providing the **EASTER LILIES** to decorate our Sanctuary. This year lilies will be \$15 each and you will have the option of taking your lily home after the second Easter service or donating it/them as a gift to a homebound church member. Lilies will be on sale on Sunday mornings, in Founders Hall, beginning March 13th.

College Scholarships FOR HIGH SCHOOL SENIORS

A College Endowment Fund was established by VERN & DELORES JONES in 1996 to financially assist SDUMC high school graduates who wish to attend an institution of higher education. This fund has now reached a level where annual scholarship distributions may be made.

Senior high school students may apply for this scholarship by completing an application form which is available from the Youth Director or the church office. The deadline for applications is **May 15th**. A student selection committee will interview each applicant to determine their eligibility. The first scholarship award (or awards) will be made in June by the Gifts & Endowment Committee.

Vern & Delores Jones were visionary donors who wished to expand educational opportunities for our church youth. Additional contributions to this educational fund may be made by church members who wish to support this important scholarship program for high school seniors.



She did it quietly and anonymously. She worked hard, saved her money; lived frugally, never wasteful.

And when she was done, she had left a fourth of her very substantial estate to our church. Naomi Fields died on July 13, 2010 at the age of 89. Having named SDUMC in her estate, Naomi was a Founding Member of the *Legacy Builders* but chose to remain anonymous.

Naomi loved this church; she wanted to do something to make a difference for her church. She wanted it to always be there to carry on its missions. She loved the beauty of our Sanctuary. She was very proud of the programs that brought new people into the church.

We are grateful to this generous lady who quietly left a Legacy to our church.

UMW Conference Mid-Winter Event Report

MONTHLY GATHERING: **Wednesday, March 9th | 10:30 am | FH**
 HOSTED BY: **Miriam Circle**

"Then the LORD God took the man and put him in the Garden of Eden to farm the land and to take care of it." GENESIS 2:15

According to the United Methodist Church Book of Discipline, "All creation is the Lord's and we are responsible for the ways in which we use and abuse it. Water, air, soil, minerals, energy resources, plants, animals, and space are to be valued and conserved because they are God's creations." On February 19th, several of our UMW members attended the Conference Mid-Winter Event at Whittier United Methodist Church. Heather Wilson, Western Jurisdiction United Methodist Volunteers in Mission Coordinator spoke about "The Green Team in Mission". At the March monthly gathering those who attended the event will share this important message with us.

Your Dollars in Action | 2010

You all deserve a big thank you and many blessings.
 You were part of UMW's Mission Giving if you:

- ✓ Made and met your UMW Pledge
- ✓ Worked at the Rummage Sale
- ✓ Shopped at the Rummage Sale
- ✓ Gave service & talents to the Dorcas Sewing Circle

In 2010, we were able to contribute \$12,793 to Missions and our Rummage Sale brought in a NET of over \$11,400. The Dorcas Sewing Circle made eleven baby layettes for the County Nurse and eleven lap robes for the VA Hospital valued at over \$1,500.

NATIONAL MISSIONS: Designated: \$1,853; Undesignated: \$6,964
 LOCAL MISSIONS: \$3,819

umw calendar:

March 2nd: Executive Board
 11:00 AM | ROOM 9/10

March 9th: Monthly Gathering
 10:30 AM | FOUNDERS HALL

upcoming events:

April 29th to May 1st:
All Church Women's Retreat
 Program by REV. MARTHA WINGFIELD



Don't forget to
"SPRING AHEAD"
 one hour before
 you go to bed on
SATURDAY
MARCH 12th!

(Or you will be late for church
 on Sunday, March 13th!)

*UMW Membership is open to all women who desire to belong.
 For information contact Karen Zerlaut, UMW President, at 760.942.1639.*

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Mark Feldmeir & Martha Wingfield | MINISTERS
 CHANGE SERVICE REQUESTED

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March 20th
 Peanut Butter
 Sunday

Don't forget to add POWDERED MILK to your grocery list this month so you can bring it to church on **Sunday, March 20th**. (We also collect Peanut Butter every month.) As always, there will be a collection box in the entrance to Founders Hall. Thanks so much for your assistance!

CHURCH & SOCIETY

Dear SDUMC Congregation,

Boy! You really know how to throw a GREAT retirement party! I had SO much fun! You made me feel extremely loved and very special! I still feel a glow of warmth, whenever I think about all you did for me.

I have loved reading all your cards to me, and I was overwhelmed by your GENEROSITY, when I opened the envelope with your monetary gift to me! Words seem so inadequate to fully express my "Thank You" to you all. The people of this congregation have always been very special to me and I look forward to my continued involvement with you as a fellow member.

I love you!
Joyce Calvin

