

San Dieguito United Methodist Church

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Mark Feldmeir
Martha Wingfield

MINISTERS

La Paloma

Volume XI AUGUST 2011 Issue 8



SDUMC's new paraments and wall hangings for three, of the seven, liturgical seasons. From left to right—Lent, Easter and Pentecost.

THE MISSION OF
SAN DIEGUITO UNITED
METHODIST CHURCH IS TO
MINISTER to the hopes and
hurts of a troubled world,
NURTURE people in a
community of grace, and
INVITE all persons to
new life in Jesus Christ.

Worship Services
9:00 & 10:45 am

— ★ —

Sunday School

Pre-K thru High School at 9:00
Pre-K thru 3rd Grade at 10:45

UPCOMING ACTIVITIES

AUGUST 2nd

Tuesday | Noon | Conf. Room
Caregivers Support Luncheon

— A L S O —

6:30 pm | Launspach Residence
United Methodist Men
Potluck/Barbeque

AUGUST 7th

VBS Sunday

— A N D —

beginning at 8:00 am
Red Cross Blood Drive
Calle Magdalena cul-de-sac

AUGUST 8th

Monday | 10:00 am | Lounge
SDUMC Knitters

CONTINUED ON PAGE 2

The Seasons in the Sanctuary

Over the past few years, our congregation has seen a change in our paraments and wall hangings. From plain white walls several years ago and traditional solid paraments to colored seasonal banners, and now, beginning in Advent, liturgical art. In August, 2010, the Worship Committee began to address the worship oriented goals of our Strategic Plan. Goal number IV objective 4 reads—*Invest in paraments and worship vessels that enhance the visual and tactile experience of worship and highlight the dynamic flow of the liturgical year and themes of the scripture readings.* To address this goal, a liturgical design team made up of Rev. Martha Wingfield, Cindy Breider, Susan Herrmann and Jani Sepanik set out to create art that would visually enhance the worship experience. *The desire of the liturgical design team is to create art and design that is intended to be a bridge to religious experience. Our work is a two-fold ministry of acknowledging the sanctuary as a holy place of mystery and meaning, and inviting people to encounter the living God through art and liturgical symbols.*

Just as we listen to the Word through scripture and music, adding visuals to our worship experience is meant to give our congregants another avenue to feel closer to God.

There are seven liturgical seasons *Advent, Christmas, Epiphany, Lent, Easter, Pentecost* and *Ordinary Time*. The team chose colors and fabrics, and designed the paraments to symbolize the themes of the season.

During our current season of *Pentecost*, we commemorate the coming of the Holy Spirit and the birth of the Church. The season after Pentecost is centered on sanctification, the work of the Holy Spirit in the day to day life of the Christian. This is reflected in the liturgical color for this season: red which recalls the tongues of fire in which the Holy Spirit descended on the first Pentecost. Both the color red and the symbol of the dove were used to invoke the presence of the Holy Spirit.

Beginning September 4th, we will begin recognizing *Ordinary Time*. Rather than meaning “common” or “mundane,” this term comes from the word “ordinal,” which simply means counted time and ends with *Christ the King Sunday* (last Sunday before the beginning of Advent). The liturgical color is green, the color of life and growth.

We thank our liturgical design team and worship committee for all their hard work in enhancing our worship experience. For a complete listing and explanation of our seasons and liturgical art, visit our website at www.encinitaschurch.com/about-us/liturgical-seasons.

UPCOMING ACTIVITIES

CONTINUED FROM PAGE 1

AUGUST 8th

4:00 pm | Conference Room
Book Group

AUGUST 11th & 25th

Thursday | 10:30 am | Lounge
Pinochle

AUGUST 16th

Tuesday | 1:00 pm | Kitchen
Bread of Life Dinner Prep

AUGUST 19th

Friday | 7:00 pm | Lounge
Bridge Group

AUGUST 22nd

Monday | 10:00 am | Lounge
SDUMC Knitters

— ONGOING —

MONDAYS

6:30 pm | Pandora Johnson's
Young Adult Potluck

7:30 pm | Room 6
AA Big Book Study

WEDNESDAYS

7:00 am | Room 6
Overeaters Anonymous
7:00 pm | Jay & Wanda Williams'
Bible Study

8:00 pm | Basement Room
AA Big Book Study

THURSDAYS

7:00 pm | Mike & Ann King's
Centering Prayer

TUESDAYS/THURSDAYS

6:30 am | Room 6
& SATURDAYS

8:00 am | Lounge
AA



MARK FELDMER
Senior Minister

Pensamientos

Dear Friends,

One of the most important calls that Christ gives the church is to be welcoming to people. The Apostle Paul reminds us that we are Christ's ambassadors (2 Cor. 5:20) whose mission is to be used by God to draw people into God's presence. Every Sunday morning, this call to be ambassadors—to welcome people into the presence of God, is lived out through intentional acts of hospitality. Before the ministers utter a single word, before the choir sings a single note, before worship even begins, visitors

and guests on Sunday mornings will feel welcomed or unwelcomed according to their interaction with you.

Before you step out of your car on Sunday mornings, remember what it was like for you to come to this church for the first time. Perhaps you wondered where to take the kids for Sunday School, or where the bathrooms were located, or where to sit, or how to sing from a hymnal. Maybe you wondered who United Methodists are or what they believe. Perhaps it was the first time you ever stepped into a church, or the first time after a very long time.

In a congregation the size of San Dieguito, it's easy to get lost in the crowd. Our American culture of individualism doesn't help much. We might assume that people want to be left alone, or that they prefer to find their own way and go at their own pace, or that they do not want to be recognized. But my experience is that, if people wanted to be left alone on their faith journey, they'd probably choose to worship at the beach, in solitude, rather than in a crowded sanctuary. When people come to church, they expect that they will be welcomed—with a kind word, a smile, an offer of assistance, or a handshake.

On Sunday mornings, remember that you are ambassadors, called to welcome people into the presence of God. Before and after worship, introduce yourself to anyone whom you have never before seen in church, and try to remember their name. When worship has ended, give yourself some time to mingle in the crowd. Try to avoid doing "church business" with people on Sunday mornings; instead, use that time to make a new friend and nurture old friendships—the business of the church can always wait. Finally, if you meet a visitor this week, look for them next week; welcome them back, sit next to them in worship, share your donut with them.

I have a good friend who is determined to make seven new friends a week. I admire his outgoing personality and his warm, generous spirit. Whenever I'm with him in public, I know that he's constantly on the look-out for an opportunity to make a new friend. At the baseball field, at the local Starbucks, at the deli, he is fast at work: "Where you from?" "How do you like that sandwich?" "Is that your son playing shortstop?" He is, in a way, an ambassador for Christ—reaching out to strangers, welcoming the outsider, making friends, building community in the world.

This Sunday, give it a try: be on the look-out for an opportunity to make a new friend or two. Reach out to a stranger, welcome the outside, add to the community of friends we call "the Church."

Yours in Christ,

Rev. Mark



Roll Up Your Sleeves!
Sunday, August 7th
beginning at 8:00 am
in the Calle Magdalena cul-de-sac



Legacy Builders Brunch held June 26th, 2011!

Pictured above are the happy faces of those in attendance at the eighth annual event in celebration of the SDUMC *Legacy Builders*. The Rev. Myron Wingfield, San Diego District Superintendent, was a featured guest at the catered lunch served in Founders Hall, and the program consisted of tributes to a few special members of the group. A short taped interview was shown of Andrew Scher, recent recipient of the Worrall Music Scholarship. George and Arlene Worrall were recognized for their sponsorship of this ongoing scholarship fund. Also recognized, posthumously, were Neva Thompson; Vern & Dolores Jones for their fund which this year provided its first scholarship to Cameron Robb; and Naomi Fields for the generous bequest she left to SDUMC. Lorraine Tschaeche announced the formation of the new General Endowment which she and Al launched. Lorraine also will provide up to \$5,000 in matching funds for contributions made to this endowment in 2011.

If you have named the San Dieguito United Methodist Church in your estate planning, we want to know about it so that you can join us at our next event in the spring of 2012.

For more information regarding the *Legacy Builders*, please contact one of the members of the Gifts & Endowments Committee. It's easy as 1-2-3 to leave a lasting legacy to our church.

Gifts & Endowment Committees: *Willy Ginaven, Chair; Jack Boyce, Rees Horney, Amy Peters, Dolores Welty.* Ex Officio: *Rev. Mark Feldmeir & Marlynn McCollough;* Advisers: *Andy Castiglione & Donna Johnson*



There's Still Room for More!

San Dieguito United Methodist Preschool has a few remaining September openings in our 3 year-old, Pre-K (4 year-old), and *Gift of Time* (5 year-old) classes.

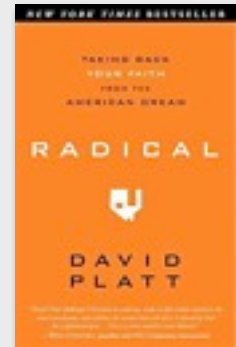
Please call us at 760.436.9287 or visit at www.encinitaschurch.com.

It's Aloha August!

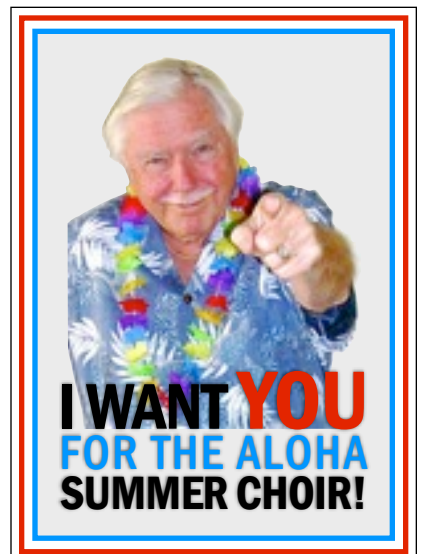
Please join our August "Aloha" Summer Choir! Have you been thinking about joining our adult Chancel Choir but aren't really sure if you can make the commitment? During August, we have an easy solution for you. Join and sing in our AUGUST SUMMER CHOIR! Rehearsals are held only on Sunday mornings at 8:15 am in the Choir Room, and then we provide music for the 9:00 and 10:45 am worship services in the sanctuary during the month of August. We call it the "ALOHA CHOIR" because we don't wear robes! Even if you are going to be away on vacation during some of those weeks, you are welcome to come when you are in town. It is a great time for fellowship with other singers, learn some familiar and new choral music, and help lead our congregation in praise to God.

Contact Music Director BILL HATCHER (→) at 760.747.1471 or wdhatcher@sbcglobal.net if you have any questions.

UNITED METHODIST
MEN



SDUMC United Methodist Men will hold their next meeting on Tuesday evening, **August 2nd** from 6:30 to 8:30 pm at the home of JUERGEN LAUNSPACH — 3725 Donna Court, Carlsbad (408.693.7180). The meeting format will include a potluck so bring a dish along with something to barbeque. The meeting will be followed by a discussion of David Platt's book, *RADICAL— Taking Back Your Faith From the American Dream* (www.radicalthebook.com) led by Charlie Boss and pre-designated chapter hosts. If you'd like to obtain a copy of the book in advance, contact Scott Fountain at scottfountain@att.net.





SDUMC BOOK GROUP

Honolulu

by ALAN BRENNERT
(author of *Molokai*)

is the book selection
for **August 8th.**

Still Alice

by LISA GENOVA

a novel about early-onset
Alzheimer's is the selection
for **September 12th.**

We meet at 4:00 pm in
the office conference room.
Everyone is welcome!



Love Your Neighbor

All Church Family Camp

CAMP CEDAR GLEN—JULIAN
September 9th through 11th

Our All Church Family Camp
has activities for everyone
in the beautiful natural setting
of Julian's Camp Cedar Glen!

There will be time to relax &
pray, sing & worship, hike, swim,
try out the ropes course and
hang with your family & friends.

Sign-ups begin on **August 7th!**



MARTHA WINGFIELD
Associate Minister

I experienced a double blessing this week as I was perusing *Alive Now*, a devotional magazine published by the United Methodist Church. I have appreciated this magazine for many years as it offers relevant and focused devotional material. Feeling tired after a long day, I came upon a selection entitled *Evening Prayer* that spoke such calming words to my weariness. And to my delight and surprise, Rev. Melanie Silva, my dear friend and a cherished member of our community, was the named author. So, with thanks to Melanie for sharing her faith in this significant way, I'm pleased to share it with you.

Evening Prayer

by MELANIE SILVA

*We offer our gratitude
that you are always present to us, O God,
even when we neglect to be present to you.
We know that prayer is the pathway when there is none.
In these sacred moments of stillness,
let us rest our hearts in you.*

*In this silent space, give us the courage to place
our pain, our sorrow, our helplessness,
our worry over things we cannot control
into your care.*

*Help us to breathe in your care
and breathe out our anxieties.*

*Help us, O God, to be still,
and know that you are God.
Amen.*

Peace,

Rev. Martha

Light Your World SATURDAY—OCTOBER 15TH EVENT!



This year, *Light YOUR World* is expanding for the first time with a SATURDAY event. Working with San Diego *Habitat for Humanity*, a team of SDUMC volunteers will work with Habitat at their Oceanside project site on Saturday, October 15th. Teens, 16 and older, are welcome to work on this event, but registration is limited to 14 volunteers. Volunteers will need to attend a short Habitat for Humanity orientation prior to the event, unless they have already attended. A sign-up table will be available on Sundays, beginning on August 14th. For other information or details, or to sign up for this event, you may also contact Larry Herrmann—larry.herrmann@gmail.com. Having a Saturday event means those that cannot participate on Sunday, or want to double their efforts to help in our community, now have the chance to do so. Participation is limited to 14, so please sign up today!



IN AUGUST

It is August and that means Vacation Bible School is finally here. We will be hosting almost 90 children from preschool to 6th grade with the help of about 35 adult and youth volunteers. Thank you for everybody's help in providing the snacks, and donating materials and decorations. The children will have a wild adventure learning about God and Jesus. Feel free to stop by during the week to check out our amazing set and decorations. Our fun filled week will culminate with the VBS children performing some of the songs they learned on Sunday, August 7th at the 9:00 am Worship Service.

The Council on Children and Family Ministries is busy planning our annual Family Camp retreat at Camp Cedar Glen from **September 9th to 11th**. Reverend Martha Wingfield will once again lead our program as we enjoy family time in nature. The camp has great food, and doesn't it always taste better when somebody else does the cooking and cleaning? I hope your family will join us.

See you in Sunday School!

SHANNON KARLICEK
Director—Children's Ministries
kids@encinitaschurch.com



ON THE WAY TO THE FORUM

The Forum meets on most non-holiday Sunday mornings at 10:30 in the Lounge to discuss a wide range of secular and religious topics, some controversial, in an atmosphere of Christian love and mutual respect. We often invite expert guest speakers from our own parish or from the surrounding community.

For Good Health, Choose My Plate

www.ChooseMyPlate.gov



Remember the food pyramid? It was a triangle designed to help us figure out how much of which types of foods we should be eating each day. It was complicated, controversial, and

difficult to remember. Now, just when we were getting used to the old food pyramid, there is a new iconic guide to healthful eating, brought to us by the U.S. Department of Agriculture.

The *My Plate* icon is simple enough, but if you want to know more, here is the go-to source. It is rich in rib-sticking information, and calorie-free: www.ChooseMyPlate.gov.

The goal is to help us eat a balanced, healthy diet. The left half the plate is fruits and vegetables, which sends a simple, easy-to-remember message of the importance of these two food groups. One quarter of the plate is grains, which can be a slice of whole grain bread, a serving of rice or pasta. The remaining quarter of the plate is "Protein" (*not* a food group) but can be any lean meat, fish, fowl, egg, cheese, or legume. Off to the side is a glass of milk: non-fat or low-fat. Notice: there are no fats, salts, or sugary-drinks.

The new *My Plate* will make management of weight, diabetes, and general health easier for all of us.



SDUMC CARE Team
Congregational Assistance
Resources & Encouragement

In AUGUST the Forum will consider one secular and one religious topic. Please join us at 10:30 in the Lounge for an hour of stimulating and enlightening presentation and conversation.

August 7th & 14th: Parts 2 & 3 of "INSIDE JOB," the story of the corruption and incompetence behind the recent economic meltdown.

August 21st: A thorough review of the recent Cal-Pac District Annual Conference in Redlands, by our own representatives.

August 28th:
NO FORUM
Leucadia Art Walk

September 4th:
NO FORUM
Happy Labor Day to all!

UMYF

YOUTH NEWS

■ Tuesday, August 2nd

Padres/Dodgers Game at Petco Park

[Meet at Encinitas Coaster Station at 5:00 pm]

Ride the Coaster to the baseball game at Petco Park. Rev. Mark, Bill Tarangelo and Rob Wood will chaperone this outing. More parents are welcome. The cost of this trip is \$30 which includes round-trip Coaster ticket and discounted group-rate seat at Petco Park.

Please bring money for food at the stadium.

Sign up deadline is July 31st.

■ Thursday, August 4th

District Day at the Beach [9 am to 3 pm | La Jolla Shores]

Leave from SDUMC at 9 am. The district churches meet on the grassy area north of the parking lot. At noon, one of the district youth directors gives a talk and then everyone has lunch. More parents are welcome (or perhaps) needed.

(Bring a lunch or about \$15 lunch money.)

■ Thursday, August 11th

NAB! Night at the Beach [11 am to 9 pm | La Jolla Shores]

Meet at the church. Bring a sack lunch or money for lunch in the village. Dinner will be a prepared dinner by groups. Return to the church at 9 pm. Rev. Mark will be leading and other adults are needed to drive, chaperone and arrange for dinner.



★ NOTE ★

There will be NO Sunday evening UMYF during the month of AUGUST.



Seeking Youth Coordinators

Part-Time for Junior High and Senior High

San Dieguito United Methodist Church has two part-time (15 hour/week) Youth Coordinator positions open for two adults who are mature in the Christian faith and who have a passion for youth work. We are seeking individual coordinators for both of our youth programs (Junior High and Senior High). These persons will report to the pastor and work closely with the youth council and parent volunteers to plan and implement our weekly Sunday morning and evening programs.

This position requires organizational, interpersonal, and leadership skills as well as enthusiasm for working in team ministry. Major responsibilities include nurturing and leading youth in faith development, planning and supervising the youth ministry program which includes service and mission projects, retreats, Bible study and recreation. This position requires attendance at church on Sunday and at all youth meetings and activities. For full job description and to apply, please send a resume to admin@encinitaschurch.com. Salary is commensurate with experience.



SDUMC Sierra Service Project | VERMONT SQUARE 2011 Team included:

Spencer Callent, Colin DeVaere, Casey Feldmeir, Emily Fountain, Evan Killeen, Graham Klooster, Raya Klooster, Sarah Kochanek, Drake Peters, Emily Peters, Declan Savage, Andrew Scher, Brenton Scher, Sami Sonnich, Elizabeth Tarangelo, Emily Templin, Ernest Templin, and Manon Wogahn. Also adult counselors: David Kochanek, Amy Peters, Dan Peters, and Rev. Mark Feldmeir



upcoming events:

September 7th: Executive Board
11:00 AM | CONFERENCE ROOM

September 14th: General Meeting
10:30 AM | FOUNDERS HALL

October 2nd to 8th:
Annual UMW Rummage Sale

October 16th: Light YOUR World

The organized unit of United Methodist Women shall be a community of women whose purpose is:

- ▶ to know God and to experience freedom as whole persons through Jesus Christ.
- ▶ to develop a creative supportive fellowship.
- ▶ to expand concepts of mission through participation in the global ministries of the church.

I started attending the United Methodist Church 18 years ago in Northern California. My family was greeted and warmly accepted into a wonderful Church community. Soon several women of the church started asking me to join them at their UMW Circle. I smiled politely and said I would try to come some time soon.

I had no idea what a UMW Circle was! After several months of stalling, the persistence of those women finally got the better of me. I attended my first UMW Circle meeting and have been hooked ever since. A United Methodist Women

Circle is a small group where you can study the Bible, make deep connections with other women, pray and be prayed for, learn about areas of need in the world and find ways to be helpful in those areas. When I moved to Carlsbad three years ago, the first thing I did was find a UMW that I could connect with. I found the Mary Magdalene Circle and fell in love with the amazing women I have met.

The focus of Mary Magdalene Circle is on Bible study and supportive fellowship. We are continuing to meet throughout the summer. With people coming and going for vacations, we sometimes have a very small gathering, but as one of my favorite verses says: For where two or three are gathered together in my name, there am I in the midst of them. Matthew 18:20. I would like to invite you to come join us on Wednesdays at 9:30am in the Lounge. Childcare is available. There is nothing you need to do to prepare except to prepare to have a meaningful time with wonderful women. For more information, email shelly@dkinney.com.

Submitted by SHELLY KINNEY

*UMW Membership is open to all women who desire to belong.
For information, contact Karen Zerlaut, UMW President, at 760.942.1639.*

Resource Guide

We have experienced a wonderful influx of new members into our church family this past year. As one of the newer members of SDUMC, I have often thought it would be helpful to know if someone in the congregation provided a business service that I needed. We all face the challenge of finding someone to provide a service in a pinch...a dentist, plumber, attorney, photographer, or even an entertainer for a special event...but have no point of reference from which to start looking other than in the yellow pages. What better way to support each other than to turn to someone from our own church who has the skill set we are looking for! Thus, the concept of developing a church member resource guide came to mind.

Beginning **August 28th**, you will have the opportunity to share your professional business information with members of our congregation by participating in a project to develop a resource guide for our church. We will have a simple one-page form available to fill out between services in Founders Hall that day. We also encourage our young people who baby-sit, mow lawns, etc. to fill out a form as well.

Please also share with us a particular sport or hobby you enjoy. This will allow our newer members to connect with people who have similar interests.

Once we have this information, Mindy Scher, our Communications Coordinator, and I will organize the information and put it in a binder in the church office for easy use.

Submitted by
LORRAINE TSCHAECHÉ

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Mark Feldmeir & Martha Wingfield | MINISTERS
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**AUGUST 21st
 Peanut Butter
 Sunday**

Don't forget to add SOUP (any/all kinds) to your grocery shopping list this month so you can bring it to church on Sunday, August 21st. (Every month is also PEANUT BUTTER month.) There will be a collection box in the entrance to Founders Hall. Thanks so much for your assistance!

CHURCH
 & SOCIETY

Dear Friends,

Thank you for the great send off on our new adventure. We have had 33 great and memorable years at SDUMC. We know it will not be easy to replace the fellowship, music, service projects and the spiritual activities of SDUMC.

We look forward to finding a new church where we can grow both in spirituality and service.

Our fond memories of SDUMC will be remembered forever. San Dieguito will remain in our prayers always.

*God Bless,
 Dave and Lois Roach*

Our new address is:
 271 Summerfield Place
 Flat Rock
 North Carolina
 28731
 828.692.7090 (home)
 760.815.6662 (cell)