

La Paloma CARE Article, October 2009

Most of us desire to live in our own home, independent, and in control. Many older folks are doing just that. They are happy, and they like it. But—they need to be SAFE. They need to have a way to call for help in an Emergency. There is a way to do just that:

The Personal Emergency Response System (PERS) | PERS has three parts:

- ▶ **1. BUTTON (transmitter)**
Lightweight, *WATERPROOF!* Battery-powered; Easily activated by pressing the button;
Worn around neck or wrist 24/7; never taken off—like a wedding ring!
- ▶ **2. CONSOLE**
Connected via phone line; Works with any private telephone;
Automatically dials one or more pre-selected emergency numbers
- ▶ **3. EMERGENCY RESPONSE CENTER—2 Types**
Provider-based (county-wide) or Manufacturer-based (national)

PERS can be purchased, rented or leased. It is usually not covered by Medicare or insurance. Fees range from \$200-\$1500. There is usually an installation fee (may be waived). Monthly monitoring fees range from \$10-\$40 per month.

If you or someone you know could use a PERS, please call LYNNE CALKINS at 760.632.8029 or email lc1np@cox.net or refer to the Resource Manual in the church office where several companies are listed. If you would like to investigate on your own, call Lynne for some shopping tips and questions to ask.