

San Dieguito United Methodist Church

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Encinitas, California 92024

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800.785.4391

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Mark Feldmeir
Martha Wingfield

MINISTERS

THE MISSION OF SAN DIEGUITO UNITED METHODIST CHURCH IS TO

MINISTER to the hopes and
hurts of a troubled world,

NURTURE people in a
community of grace, and

INVITE all persons to
new life in Jesus Christ.

Worship Services 9:00 & 10:45 am

Contemporary Service
"Revive"

1st Sunday of the month at 5 pm

— H —

Sunday School

Pre-K thru High School at 9:00

Pre-K thru 6th Grade at 10:45

Upcoming Activities

OCTOBER 4th

Sunday | 5:00 pm | Sanctuary
"Revive" Worship Service

OCTOBER 8th

10:30 am | Lounge
Pinochle

OCTOBER 11th

Sunday | 12 noon | Room 9/10
Lunch with the Pastors

OCTOBER 11th thru 17th

Here, There & Everywhere
on the SDUMC Campus
UMW Rummage Sale Week
See page 7 for all times/details

CONTINUED ON PAGE 2

La Paloma

Volume IX OCTOBER 2009 Issue 10



It's Rummage Sale Time!

Here at San Dieguito fall means Rummage Sale Time... as the United Methodist Women urge you to "Round 'em up and Move 'em out" from your house to the church parking lot where men and women spend all week sorting, pricing and eating in fun and fellowship, forming bonds that last year round.

But the Rummage Sale is only the beginning of the story. This is not a sale for "sale's sake". Why do we have a sale? What happens to the money raised? What community outreach does it serve? Our San Dieguito Rummage Sale has a rich history beginning over 40 years ago when it could be held in one room, then grew to include tents and has now expanded to encompass most of the church campus. Likewise, our community outreach has grown to include visitors from all over North County who mark their calendars for our October sale. Guests are greeted and treated and find great bargains.

But the best part of our story is the path taken by the dollars raised. Through the years, mission has been the focus of United Methodist Women. Every Rummage Sale dollar raised is given to missions—both locally and globally—with special emphasis on ministry with women, children and youth. At the end of the sale, every article of unsold clothing continues its journey to brighten the life of someone in need. Special items are set aside for New Entra Casa, Hospice, Interfaith Shelter and the Encinitas Community Resource Center.

Giving over \$12,000 Mission Dollars each year, we also support Calexico Neighborhood House and other national missions, Methodist Hospital, Scholarships, UMCOR, Wesley Foundation, Meals on Wheels, Mexico Joint Commission, San Diego Good Neighbor Centers, METRO and our church Youth. Over 50% is given to Women's Division to be used in global ministries.

...just as you did it to one of the least of these, you did it to me.

— MATTHEW 25:40



Upcoming Activities

CONTINUED FROM PAGE 1

OCTOBER 12th

Monday | 4:00 pm | Conf. Room

Book Group

OCTOBER 16th

Friday | 7:00 pm | Rooms 9/10

Bridge Group

OCTOBER 22nd

Thursday | 10:30 am | Lounge

Pinochle

OCTOBER 23rd

Friday | 2:00 pm to 7:30 pm

Founders Hall Kitchen

Bread of Life

DINNER PREP & SERVING

OCTOBER 26th

Monday | 10:00 am | Room 6

SDUMC Knitters

—ONGOING—

SMALL GROUPS meet at various times throughout the month.

IN ADDITION

SUNDAYS

10:45 am | Room 9/10

Adult Sunday School

MONDAY thru FRIDAY

9:45 am | Room 9/10

SDUMC Tai Chi

TUESDAYS

9:30 am | Lounge

Mary Magdalene Circle

Bible Study

WEDNESDAYS

7:00 pm

Jay & Wanda Williams' Home

Bible Study

TUESDAYS/THURSDAYS

6:30 am | Room 6

& SATURDAYS

8:00 am | Lounge

AA

SDUMC LA PALOMA • OCTOBER 2009



Pensamientos...

Dear Friends,

I'm thrilled to announce the official launching of our new church website (www.encinitaschurch.com) on October 1st. Over the last several months, a small group of dedicated and talented members has been designing and building the new website, which uses the most current technologies to maximize

our presence and visibility on the Web and drive more visitors to our site. Based on our interviews with many of our newest members and constituents, the Web is our most effective tool for reaching the community and communicating our core message. It's also a principle means by which we, as a congregation, stay informed and connected to one another.

Some of you may ask, "Why do we need a new website?" First, technologies have changed dramatically since our original website was designed and constructed; the new site is easily edited and updated and does not require programming expertise. Second, the new site is designed specifically for those who are not familiar with our congregation, but who desire to know more. Features have been included for first-time visitors to learn about us before they attend worship; an effort has been made to minimize "churchy" language that may not be familiar to non-churchy people (for example, UMYF is called "Teen Ministry" and Chancel Choir is called "Adult Choir"). Third, a new "blog" feature has been added to encourage you to communicate with us about the sermon, or the choral anthem, or the Forum topic, to name just a few possibilities. This feature will foster our efforts to create a more vibrant and engaged community within our congregation.

Some of you may ask, "Why did we change our domain name? What was wrong with www.sdumc.org?" Simply stated, we felt strongly that encinitaschurch.com was easy to remember, easy to spell, and easy to market on the Web and elsewhere. Our target audience will not easily remember SDUMC, nor will they likely know what those letters refer to. In no way does the new domain name suggest that a church name change is inevitable, or even necessary. For the next several months, all traffic to the former address will be forwarded to the new address to ensure that we do not lose visitors. Why .com instead of .org? In a nutshell, our target audience lives in a .com world—and that's the world we need to reach with the Good News.

I trust that you will find the new website to be useful and attractive. Be sure to thank the team of people who have worked tirelessly to complete the project: Mindy Scher, Julie Reboulet and David Kochanek. Thanks, also, to the Outreach and Welcome Committee for their encouragement, support, and participation in the design process.

Yours in Christ,

Rev. Mark



Come on by and
REVIVE!
@ FIVE
on Sunday
October 4th
in the
SDUMC
Sanctuary

Are we Generous?

Very soon we will be considering how we will support our church's 2009 missions and ministries.

The nationwide church member's average giving is around 2.6% of annual income. Is your support in line with the national average? If it is, should you be considering the tithe (one tenth)?

Numerous passages in the Old Testament underscore the significance of tithing. Jesus' teachings abound with tales of rich and poor, generous, and shrewd, givers and takers, charitable and selfish, faithful and fearful. He upsets expectations by pointing to proportion rather than amount as the measure of generosity.

How do you define generosity?

In his book, *The Five Practices of Fruitful Congregations*, Bishop Robert Schnase says:

"The practice of generosity describes the Christian's un-selfish willingness to give in order to make a positive difference for the purposes of Christ.

Extravagant Generosity describes practices of sharing and giving that exceed all expectations and extend to unexpected measures. It describes lavish sharing, sacrifice, and giving in service to God and neighbor.

Vibrant, fruitful, growing congregations thrive because of the extraordinary sharing, willing sacrifice, and joyous giving of their members out of love for God and neighbor and emphasize the Christian's need to give rather than on the church's need for money."

When Cory and I stepped up to the tithe, even though we had heard this from others who had made this leap of faith, we too discovered new unexplained blessings and joy in our personal life.

CAL ELLISOR
Lay Leader



Abundance—A Call to Stewardship

Mark your calendars. The 2009 Stewardship Campaign will kick off on the weekend of **October 25th**. This year there will be some new approaches to explore the meaning of abundance during the 4-week campaign.

We look forward to your active participation and support.

RODNEY LAPPE
Stewardship Chair

MISSIONS COMMISSION

A New Pastor in Santo Niño

On a recent volunteer trip with other church members to Mexicali, Mexico, we had the pleasure of meeting the new Pastor at the Methodist Church in Santo Niño. Santo Niño is a small suburb of Mexicali, Mexico, generally referred to as a colonial in Spanish. His name was Pastor Jorge Alejandro Molina Amavizca. Pastor Molina stood approximately 6 feet tall with a warm smile and baby face like features. With his dark-framed glasses, brown eyes and his daunting schedule, he reminded me of Clark Kent from Superman. He is a husband, a father, a Methodist pastor, and a full time employee of a local natural gas company. By day he drives a company car around town visiting natural gas customers and by night he is the leader of a congregation of 40 parishioners. He is a father to a son and daughter who love skateboarding. He wants the most for his family, his community and his church. As you can see he lives a busy but remarkable life. His dream is to one day be able to devote his life to Christ and to the Methodist church. In the mean time he will need to continue with his day job. He is a very special person and when I shook his hand I could feel his genuine concern for humanity. He is forever grateful for our church's commitment to help our brothers and sisters in the Mexicali region. It is truly amazing how our faith transcends the borders that separate us.

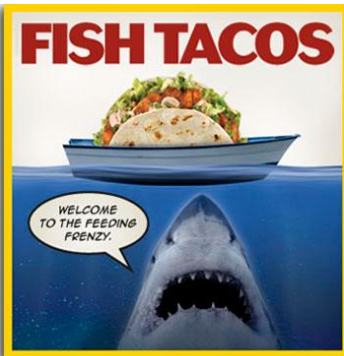
God bless,
ROBERT FRANKS

SDUMC LA PALOMA • OCTOBER 2009

UMYF

YOUTH NEWS

- **Sunday, October 4th**
U M Y F
6:15 to 8:15 pm | Youth Room
- **Sunday, October 11th**
U M Y F
6:15 to 8:15 pm | Youth Room
- **Sunday, October 18th**
Rubio's Fundraiser
252 N. El Camino Real | Encinitas
11:00 am to 5:00 pm



- **Sunday, October 18th**
S. D. DISTRICT UMC
Haunted Trails Event
3:45 pm to 9:15 pm
- **Sunday, October 25th**
U M Y F
6:15 to 8:15 pm | Youth Room

Laubach Literacy

Know someone who needs help in speaking or reading and writing English? Have you ever thought of teaching English or literacy? You don't even have to speak a foreign language, and we can arrange training for you. Classes for students are held Monday evenings from 7:00 to 9:00 pm and Tuesdays from 9:00 to 11:00 am. For more information on student support or becoming a teacher, please call:

- ▶ DORIS ADRIAN at 760.942.9408 or
- ▶ ANNE NATION at 760.753.3649



Rebecca Hensley

YOUTH DIRECTOR

A Fresh Start in Fall

The 2009-2010 school year has officially begun with our annual Fall Kick-Off family dinner. We welcomed our new vibrant class of seventh grade students and their families to the program with a potluck, games, and information session. The youth and their families used this opportunity to fellowship, learn more about the youth program, and pledge their involvement in this next year's programming.

As our youth go back to school we are also reminded that this is the time when life gets busier with studies and extra curricular activities. This is a great time to make sure we have our priorities straight. This is also a time that each one of us can re-examine the busyness of our daily schedules. Are you practicing self care? How much time in your schedule is devoted to deepening your faith and your relationship with God?

Please join with the youth and me in starting fresh this fall. Refocus, reschedule and refuel for the awesome gifts that God has in store for us. Say yes to a few more things to help deepen your faith and make the time to fit them in your life. Together we can hold each other accountable and grow deeper.

Love and Encouragement,

R E B E C C A

Betty Putnam—Legacy Builder

I was born in Little Rock, Arkansas and have lived in Cardiff since 1950. I became a Methodist then and raised five children in the Methodist Church. My five children, thirteen grandchildren and nine great-grandchildren live in Topanga, Sacramento and Redding, California; Minnesota and Idaho. I've held several offices in UMW, have been a Sunday school teacher and lay leader and served on most SDUMC committees at one time or another. My late husband, Vernon, was a teacher and high school administrator. After my husband's death, I worked as a dental assistant for twenty years to support my children I'm a *Legacy Builder* and have put SDUMC in my will because I've been devoted to my church my whole life. I have great faith and feel that it's my privilege and obligation to make sure the church will continue to be there for the next generations.

Love in Christ,

B E T T Y P U T N A M



Peanut Butter Sunday

Don't forget to add POP-TOP canned items of any kind to your grocery shopping list this month so you can bring them to church on Sunday, October 18th. There will be a collection box in the entrance to Founders Hall. Thanks so much for your assistance!

CHURCH & SOCIETY





Martha Wingfield
ASSOCIATE
MINISTER

The first Sunday of October is always a food Sunday. It is when Christians all over the world gather for a meal. Why we do this was brought home to me in a special way several years ago. During a Children's sermon on World Communion Sunday, I was holding the loaf of communion bread in front of me as a visual aid for the story. I said that all around the world on this Sunday, Christians are going to come to the table and take a piece of bread and dip it in the cup just like we are going to do. The reason they are going to do this simple act is because of the story about the dinner that Jesus had with his disciples before he died. Just then, a little boy shouted excitedly, "Oh, I LOVE that story!" The joy in his voice filled the room. Someone—his parents or Sunday school teacher or friend or minister—told him this story. He took it to heart and he loves it.

That kind of connection with the stories of the Bible is part of what fuels our faith as a worshipping community. We are nurtured by a life-giving story that is ours to share with others.

Don't you love that story?

In Christ,

Rev. Martha

All Saints Day Sunday, November 1st

Our church will recognize All Saints Day by remembering loved ones who have died during this past year. Their names will be read during the worship service on Sunday, November 1st.

Please call the church office to record the name(s) of family or friends who have died since November 1st, 2008 or email to

▶ ALMA at secretary@sdumc.org by **October 27th**.



CHURCH & SOCIETY NEWS

Opportunities for Community Service:

RIDE/SHARE TEAM

Give someone a ride to the doctor if it fits with your schedule. Call the office to volunteer.

BREAD OF LIFE

Dinners scheduled:
Friday, **October 23rd** and
Tuesday, **December 29th**.
Volunteer sign-up in Founders Hall will begin soon to cook, transport and serve.

INTERFAITH SHELTER NETWORK

The 2010 SDUMC rotation is scheduled for January 31st to February 14th. A Forum is to be announced to organize workers & provide information.

CHILD CARE GIVERS

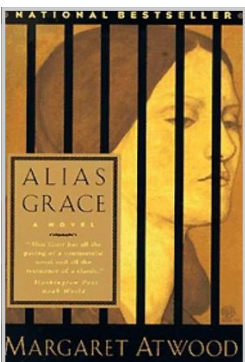
Occasional two hour shifts to fit your schedule. Call the office to volunteer.

Blessings to all who help so many in our community and congregation.



EDITOR'S NOTE

The La Paloma editorial staff reserves the right to edit articles due to space considerations. Thank-you for your understanding.



Book Group Monday, October 12th

Alias Grace
by MARGARET ATWOOD

is our book group selection for October. We meet at 4:00 pm in the office conference room. Everyone is welcome!



The Forum continues to meet during first service in Founders Hall to discuss a wide variety of timely secular and religious topics from a Christian perspective.

Pop by for what is almost always an entertaining and informative discussion, followed by coffee fellowship and second service—in by 9, out by noon, a Sunday morning well spent.

Please check the online SDUMC event calendar regularly for updates.

October Forums will include our semi-annual forum planning brainstorming meeting (open to all, not just the Forum steering committee) and “Meet Rev. Martha” who, of course by now, needs no introduction!

We plan to kick off November with a special interactive All Saints’ Day Forum, with participants honoring the memories of their departed friends and family members.



During the month of October, the Sunday school children will be learning about UNICEF (United Nations Children’s Fund). We will be discussing ways UNICEF helps children who are in need all over the world. We will be collecting offering each week to send to UNICEF. We hope you will help your child with this mission project. Each week children will bring home a paper telling what they learned about UNICEF and children around the world. Discuss the situation with your child, and share ways you think you and your child can help through offering and prayers.

The *Rock-a-Bye* theme for October is, *The Boy Who Shared His Lunch*. The October unit of *Rock Solid* for the children will focus on *Moses* and the October unit of *Rock Solid* for the tweens is, *Faithful Encounters*.

See you in Sunday School!

SHANNON KARLICEK
Director—Children’s Ministries
kids@SDUMC.org

SDUMC CARE Team

Congregational
Assistance
Resources and
Encouragement



SOLO & SAFE—Living Independently

Most of us desire to live in our own home, independent, and in control. Many older folks are doing just that. They are happy, and they like it. But—they need to be SAFE. They need to have a way to call for help in an Emergency. There is a way to do just that:

The Personal Emergency Response System (PERS) | PERS has three parts:

▶ 1. BUTTON (transmitter)
Lightweight, **WATERPROOF!** Battery-powered; Easily activated by pressing the button;
Worn around neck or wrist 24/7; never taken off—like a wedding ring!

▶ 2. CONSOLE
Connected via phone line; Works with any private telephone;
Automatically dials one or more pre-selected emergency numbers

▶ 3. EMERGENCY RESPONSE CENTER—2 Types
Provider-based (county-wide) or Manufacturer-based (national)

PERS can be purchased, rented or leased. It is usually not covered by Medicare or insurance. Fees range from \$200-\$1500. There is usually an installation fee (may be waived). Monthly monitoring fees range from \$10-\$40 per month. If you or someone you know could use a PERS, please call LYNNE CALKINS at 760.632.8029 or email lc1np@cox.net or refer to the Resource Manual in the church office where several companies are listed. If you would like to investigate on your own, call Lynne for some shopping tips and questions to ask.

san dieguito UNITED METHODIST WOMEN

THE HEARTBEAT NEWSLETTER
VOLUME VI | ISSUE 10 | OCTOBER 2009

It's once again
time for the

U M W

SALE DAYS: Fri. & Sat. | 9 am to 2 pm
October 16th & 17th

SET-UP: Sunday, October 11th | 2 pm

WORK WEEK: October 12th to 15th
Monday thru Thursday | 9 am to 2 pm

NO GENERAL MEETING this month
due to the RUMMAGE SALE



UMW Rummage Sale Proceeds benefit UMW Missions projects

Here's How Things Work...

► Sunday, October 11th | SET-UP—begins at 2:00 pm

There are only a few weeks left until the annual event we are all waiting for. Hopefully everyone has a stash of fine donations ready to drop off at the church starting Sunday, October 11th. Please bring your items early in the week. We will take jewelry, books, toys, clothing, linens, furniture, house wares, crafts, plants, knickknacks and baked goods. Please NO mattresses, box springs, large appliances, sofas, exercise machines, or computers. No home pick-ups. Set-up begins at 2 pm. This is the day we need men, women and youth to set up clothing racks, tables and chairs. Why not come out and make this a family work party.

► Monday/Thursday, October 12th thru 15th | WORK WEEK—9:00 am to 2:00 pm

Don't miss this fun-filled activity when we make new friends, drink coffee, price items, drink more coffee, eat goodies, and find new treasures we can't do without. VOLUNTEERS ARE NEEDED to sort and help price articles. We also need cashiers, callers, pie makers, babysitters and many others. There is a special need for men or anyone with a knowledge of small electrical appliances. Even if you can only stay for an hour, we can use your help! Sign-up tables will be set up on Sundays between services in Founders Hall starting September 27th.

Schedule continues in the in the right hand column ►

umw calendar

October 7th: Executive Board—9:30 AM | CONF. ROOM

October 11th: Rummage Sale Set-Up

October 11th/15th: Rummage Sale Work Days— 9 to 2 daily

October 16th/17th: Rummage Sale Days— 9:00 am to 2:00 pm

October 24th: Cal-Pac Annual Meeting—WESTWOOD UMC

upcoming events

April 30th to May 2nd, 2010: UMW Assembly—ST. LOUIS, MO



Spread the Word!

This event is open to the entire community. Spread the word! Tell your neighbors and friends... and don't forget to come out and shop! Remember, the money we raise will be given to Missions for the benefit of others. If you have any questions, please contact LINDA PHILLIPS at 760.753.4832.

► Friday/Saturday, October 16th & 17th SALE DAYS—9:00 am to 2:00 pm

Here is a preview of some of the special departments you will find at the sale:

GIFT SHOP/HANDMADE GOODS/JEWELRY:

Our very own *Sew and Sews* will display and take orders on their special handmade quilts, bags, potholders, and other lovely items. Jewelry, glassware, china, silver, dolls and collectables are also included in this department on display in the Church Narthex.

UPSCALE CLOTHING SHOP:

Very popular area featuring resale shop quality clothing in the Lounge.

BOOKS/CDs:

Why buy new when you can find many great reads right here.

SMALL APPLIANCES/FURNITURE:

Also included are tools, plants and other miscellaneous items in the Kitchen Parking Lot.

HOMEMADE PIES:

Pie shells will be available for pick up in the church kitchen freezer. Take some home to fill with your favorite fillings and return to the kitchen on Friday or Saturday morning. Cakes, brownies and cookies are also welcome!

PATIO LUNCH:

Bring your friends and neighbors, shop, and stay for lunch!

AND LAST BUT CERTAINLY NOT LEAST:

► Saturday, October 17th

CLEAN-UP—begins at 2:00 pm

VOLUNTEERS NEEDED! This is when we need our heavy lifters back to take down all those racks, tables, and chairs. Many hands make light work.

Membership is open to all women of the church who desire to belong.
For information contact Mary Walman, UMW President, at 760.931.7980



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phone | 760.753.6582 fax | 760.753.8936
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Mark Feldmeir & Martha Wingfield | MINISTERS

CHANGE SERVICE REQUESTED

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Permit 52

OCTOBER 2009
La Paloma
San Dieguito United Methodist Church
NEWSLETTER

Heartfelt Thanks

Dear Church Family,
Thank you so much for all the prayers and concern during my recent chemotherapy. I just completed 8 cycles and praise God I am back in remission. As many of you know, I have been battling lymphoma for 22 years. Your prayers have sustained me once again.

Gratefully,
Lois Roach



NOTE: Turn BACK your clocks BEFORE you go to sleep on
Saturday, October 31st!

In Memoriam

Alberta Fixen
SDUMC member since 1953,
died on August 22nd.
Please keep her family and
friends in your prayers.



Dear Friends,

Our son Jeff has been on the prayer list for a few months now. His serious back operation is over and he is recuperating nicely. We know that all our prayers helped him make the right decisions, and helped him through the surgery. It is also pleasing to know the prayers were continuing through his recuperation.

Our thanks go to all those who have given Jeff their prayers. We are very grateful.

Sincerely,
Joan & Ted Dederick

Heartfelt Thanks